



*Dai Bai Zan Cha Ba Zen Ji*

*Great Plum Mountain - Listening to the Dharma Temple*

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## *Sesshin COVID – Cold – Flu Policy*

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- If you have any symptoms, or have been exposed to someone who has contracted covid, flu or any other communicable disease, please stay home.
- If you test positive for COVID, have respiratory disease symptoms, or suspect you may have been exposed to the aforementioned prior to coming, we will refund your registration fees.
- If traveling from by bus, train or plane to Seattle, please take a COVID test prior to your departure, and you may be asked to take a COVID test 72 hours after arrival.
- If you start getting symptoms while at the zendo, please inform the Shika, and take a COVID test. For the benefit of all attending, you may be asked to go home.

We are trying to be very diligent about protecting everyone's health, and deeply appreciate your cooperation!